

Adaptive Clothing

clothing alterations that make dressing easier

How It Works and Where To Get It

Fasteners – Barbara Smith

Zippers



Snaps



Hook & Bar



Oversized Buttons



shutterstock.com • 62247949

Velcro



Elastic



Elastic Waistband



Drawstring



Cord Stops/Toggles



Barbara



Office Tape

Packing Tape

Masking Tape

Duct Tape

Barbara

Design and Make Your Own Dress or Suit from Duct Tape



Gail



Gail

Good Morning!



Underwear – Gail Frasier



Velcro sided underpants, **Slick Chicks**, \$28
Side hooked underpants, **Slick Chicks or Joe & Bella**, \$28



Snap sided briefs, **Adaptive Clothing Showroom**, \$20
Snap sided boxers, **Adaptive Clothing Showroom**, \$20





Bras

Velcro in Front, Hook at Shoulder, Zipper in Front, Slick Chick, \$50

Breast Nest, Joe & Bella



Product Features:

- **Underwire-Free** - Maximizes breast comfort while offering breast support
- **Wide Straps** - Relieve pain & avoid straps digging into the shoulder
- **Racer Back** - Allows for easy fit
- **Wicks Moisture** - Super soft & moisture-wicking fabric helps you stay dry and fresh
- **Reduces Skin Irritation** - Prevents skin-to-skin contact under breasts with your torso by cupping under your breasts
- **Non-Constrictive and Stretchy** - Ideal for sensitive skin, post-op, breast cancer chemotherapy, or fibromyalgia.
- **Quality Machine Washable** - 95% Modal - 5% Spandex

Shorts, Trousers, Pants

Gail Frasier

Gail



Gail

Walmart (<http://walmart.com>)

Athletic Works Sports Shorts, \$6.88



Livewoild, breathable sports shorts, \$14.00



Gail **Tommy Hilfiger Adaptive Shorts for Men & Women**



Velcro waist and fly in front, \$39.50



Elastic and pull string waist, \$44.50

Gail

Men's & Women's Elastic Waist Pants, Silvert's \$37.10

Side Zipper 

Ample Pocket

Velcro 



Gail

Men's Classic Chino Slacks, Tommy Hilfiger, \$74.50



Tommy Hilfiger, \$74.50, Regular fit adapted for seated wear– Shorter front rise to reduce fabric bunching, higher back rise for comfort and coverage

Internal pull-up loops, no back pockets, seams, or yoke seams VELCRO® brand

Button and loop adjustable waist

Gail

Men's Slacks, Silvert's \$39.51



Gail

Men's Side Zipper, Catheter Access

Silvert's \$55.32



- 2-way zippers
- Secured with Easy Touch tab
- Comfortable elastic waist with drawstring
- 1 back pocket & 2 side pockets
- Functional fly



- **Easy Closure:** Easy Side Zip Closures on Each Side
- **Side Grips:** 2 Easy Grip Loops, 1 on Each Inner Side for Easy Pull-Up Dressing
- **Magnet Bottom Leg Opening:** Allows for Easy On Convenience & Flexibility
- **Full Elastic Waist:** Stretchy for Enhanced Comfort
- **Convenient Side Pockets:** 3 Handy Pockets on the Sides



Made by Silvert's

Gail

Women's Shirts



Silvert's Wrap Around Skirt \$37.00



Tommy Hilfiger Polo Dress \$39.50

Every supplier of adaptive clothing has a website for ordering online

Tommy Hifiger (<http://usa.tommy.com>) can be found at Macy's and has tagless shirts and no seam clothing though I didn't find clothing with no seams. Hilfiger clothing is more sporty and hip. Hifiger also sells Seven 7 adaptive clothes

Silvert's (<http://silverts.com>) seems like the easiest and most comprehensive website

Seven 7 (<http://seven7jeans.com>) specializes in wheelchair adaptive jeans

Able 2 Wear (<http://able2wear.co.uk>) specializes in wheelchair adapted clothing as does **Alter UR Ego**

Joe & Bella (<http://joeandbella.com>) has a comprehensive website

Buck & Buck sends you to Silvert's as does **Easy Access Clothing**

Reboundwear (<http://reboundwear.com>) is ok but not comprehensive, caters to recovering from surgery clothing needs

Zappos (<http://zappos.com/adaptive>) (Magne Rudy) offers Button Helper, a magnet system to place over existing buttons to make opening and closing easier. With these, a person can adjust favorite clothing. Also, they offer t-shirts with snaps at shoulders and more.

Wrangler (<http://wrangler.com>) Western shirts with snaps

Boot Barn (<http://bootbarn.com>) Western wear shirts with snaps

JAXS (<http://jaxsgoods.com>) Western wear shirts with snaps, located in Loveland and Fort Collins

Sheels (<http://sheels.com>) located in Fort Collins and Johnstown

Amazon (<http://amazon.com>) Wide variety of companies that produce adaptive clothing

Used Helpful Tools at Good(health)Will, (<http://goodhealthwill.com>) this site only gives location as inventory changes rapidly

THIS LIST IS ON OUR WEBSITE, <http://pdsupportlc.net>

Retired

Young at heart.

Slightly older

in other places.

Shirts – Michelle Underhill

Snap Closures: Wrangler, Carhart, Adidas

Available for \$33 - \$55 at Wrangler online, <https://www.wrangler.com>, Amazon online, Boot Barn (large selection, bootbarn.com), Scheels, and JAXS Outdoor Gear
Men's Premium Performance Advanced Comfort Long Sleeve Shirt



Men's Cowboy Cut Work Short Sleeve



Snaps at sleeves and down the front
Men's and Women's styles available

Michelle

Men's Adidas Polo Shirt



Men's Carhart Short Sleeves Snap Front Shirt



Michelle

Women's Wrangler Snap Shirt



Women's Essential Short Sleeve Paid Western Snap Top



Michelle

Men's Capote Shirt with Magnetic Buttons, Tommy Hilfiger



Michelle

Magnetic closure: Tommy Hilfiger and can be found on other adaptable sites

- Magnetic closure at shoulders
- Available for \$40-\$60 at Macy's

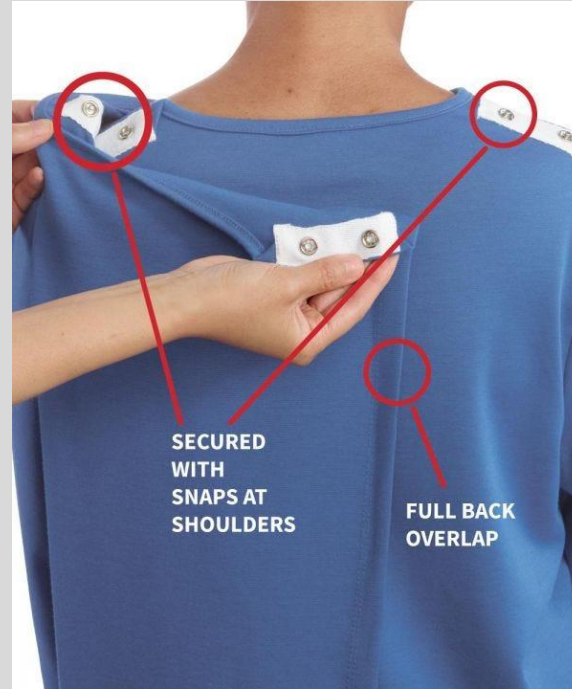
Men's Tino T-Shirt with Magnetic Closure at Shoulders



Gail



Silvert's



Senior Women's Open Back Embroidered Top that features a discrete and generous **back overlap** for additional coverage with **snap closure at each shoulder** for caregivers to easily secure the garment. This top also features a lovely decorative **embroidery embellishment on the shoulders**.



In my estimation, this is the easiest sock-puller to use. It works like the ridged tool but is easier for preparing your sock.

With the blue side on top, stretch your sock over the three prongs shown here. Hold the straps and drop the tool to the floor. Slip your foot inside the sock and use the straps to pull your sock up and the tool out.

There is a video of this on our website

<http://pdsupportlc.net>



Gail **Compression and Support Socks for Men and Women**

Walgreen's, Uniform Destination in the Outlets, Loveland, Silvert's (\$15.79)

Zip Up Support Stockings at Affordable Socks Compression website, from \$15 to \$50



Gail

**From Lynne Gerber – Socks made for gymnasts
They fit well and have the no-skid knobby bottoms**



Michelle Underhill

Shoes

Occupational Therapists recommend lightweight, slip on shoes with good support.

Men's/Women's Merrells

Men's/Women's Jungle Mocs



Women's Encore Moc 4



Michelle

If someone has difficulty with swelling in the feet, fine motor difficulty tying laces, or limited range of motion to reach, OTs recommend shoes with Velcro closure. LockLaces fit traditional sneaker-style shoes and are easy to use.

Men's/Women's Leather Sneaker Shoe with Double Hook-and-Loops Straps * and MAIR Ultra Light Double Hook-and-Loop PACER Velcro Athletic Sneaker Shoe

- Available for \$50 through the Adaptive Clothing Showroom (online <https://adaptiveclothingshowroom.com/>)
- Men's and Women's, Black or White, Leather or Mesh



Billy Footwear

- Available for \$65-\$100 at Billy Footwear (online) <https://billyfootwear.com/>
- Men's and Women's versions with multiple styles, colors, and materials
- Zip top flap closure with top (non-functional) laces or without top laces

Men's Classic Lace Lows



Women's Nude Billy Perf Lows



Michelle

Adapted Shoes from Friendly Shoes (online) <http://friendlyshoes.com>

Zip rear-entry closure or top flap closure

Men's and Women's versions with multiple styles, colors, and materials, \$100

Men's Excursion Low Top Grey Shoe



Women's Excursion Mid-top Peach Shoe



Michelle

Sketchers Brand

Available for \$45-\$105 at Sketchers (online) <https://sketchers.com>, Amazon, Kohl's, Walmart and other retailers

Slip on styles with heel loop help with pulling shoe on the foot

Men's and Women's version with multiple styles, colors and materials, from athletic to dressy shoes

Men's Sketchers Arch Fit Banlon



Women's Sketchers on the Go – Flex Splendors



Michelle

Lock Laces

Elastic, no-tie laces for any lace-up shoes, available for casual to work boots to dressy
Available for \$5-\$25 (multi-packs) at Lock Laces (online) <http://www.locklaces.com> or at Amazon



Susan

Kizik Stretch, Athletic Shoes



CORE FEATURES

Built with our patented Hands-Free Technology to allow you to keep up with the hustle and bustle of the day.

4-way stretch air mesh upper for enhanced breathability. Goodbye sweaty feet!

Adjustable lacing for the perfect fit every time for any size
Responsive Cushioning soles for "stand on your feet all-day comfort"



There is a nice video for how this shoe works on our website, <http://pdsupportlc.net>

Gail

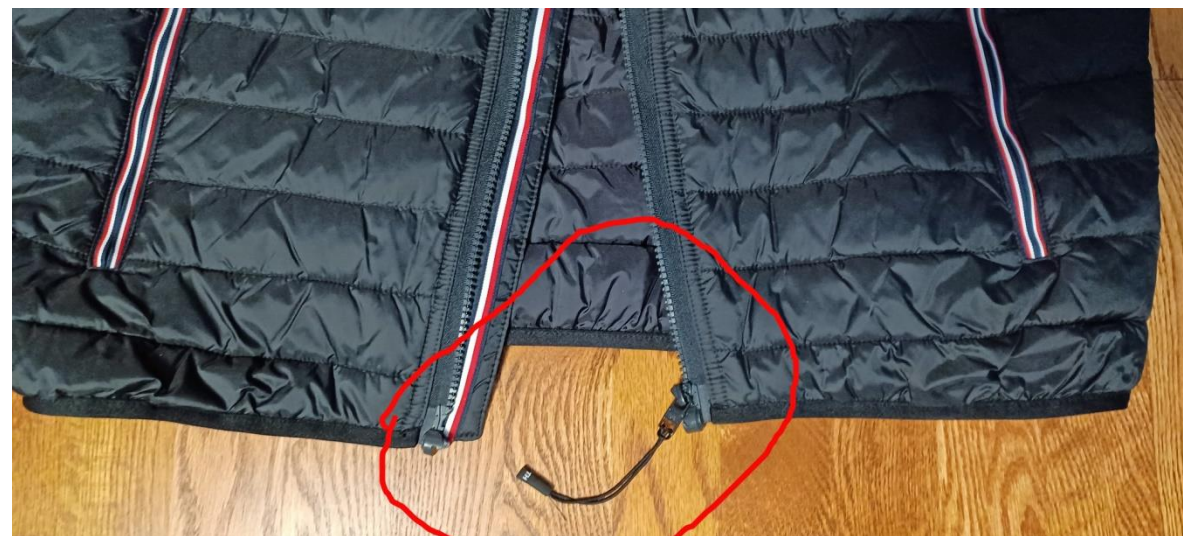
**From Lynne Gerber – Marty’s shoes are 2 sizes larger than his shoe size.
Flexible netting makes putting on easier. Made by Brooks**



Gail From Marty and Lynne Gerber, we love the beginning of the zipper is a magnet!



Tommy Hilfiger



Ready for a Great Day!



LET'S GO PEOPLE,
IT'S MY SPECIAL DAY!

Boxing, Music Class, Exercise Class, Pickleball, Lunch with Friends, Nap, Walk in the Park, Dinner, Watch Favorite Program

Susan Coulter

**Settle Down from
your Day**

Brushing Teeth

Change Clothes



Bathroom Habits

**Say Goodnight,
Gracie**

Read

Susan

Clothing, Shoes & Jewelry › Novelty & More › Clothing › Novelty › Men › Sleep & Lounge › Sets

Zippers



Roll over image to zoom in

Brand: Normann Care

Men's Care Overall with Long Sleeves and Zipper on Back and Legs - 161 170 90 724

★★★★☆ 6 ratings

Price: \$39.95

Size:

Small

Color: Light-blue

- 100% Cotton
- Zipper closure
- diagonal zipper on the backside and zipper on the pants = simplifies the care and nursing
- care jumpsuit is cut very large, we recommend to order one size smaller!
- comfort width which is helpful for the incontinence aids and diaper
- 100 % Cotton, ÖKOTEX STANDARD 100 = no harmful substances in textiles
- NORMANN - competence in nightwear since 1903!

\$39.95

\$8.99 delivery: Aug 24 - Sep 15

Deliver to Susan - Fort Collins 80526

In stock.

Usually ships within 2 to 3 days.

Qty: 1

Add to Cart

Buy Now

Secure transaction

Ships from NORMANN
Sold by NORMANN

Return policy: Eligible for Return, Refund or Replacement.

Add to List

Share [Email] [Facebook] [Twitter] [Pinterest]

Susan

Back Overlap

Shoulder Snaps



Roll over image to zoom in

Visit the Silvert's Adaptive Clothing & Footwear Store

Open Back Night Gown For Ladies - Assisted Dressing Hospital Gown

★★★★☆ 147 ratings

Price: \$36.98

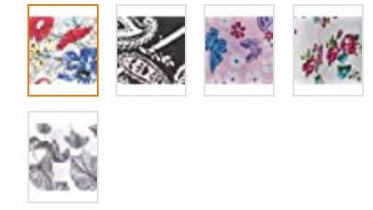
Free Returns on some sizes and colors

Fit: True to size. Order usual size.

Size:

Select

Color: Floral Chain



- 65% polyester
- EASY ACCESS DRESSING: This adaptive clothing for women is perfect for elderly women with decreased movement, especially in the upper arm. The back overlap and shoulder snaps allow for easy dressing and easy

Share [Email] [Facebook] [Twitter] [Pinterest]

To buy, select Size

Add to Cart

Add to List



Adaptive Open Back Hospital Nightgown

★★★★☆ 71

\$37.18 prime

Sponsored



Susan

Diagonal Back Zipper



Brand: Normann Care

Normann Care Unisex Alzheimer's Clothing Shortsleeve Bodysuit Jumpsuit Overall Onesie Zipper at Back

★★★★★ 7 ratings

Price: \$24.95 ✓prime

FREE Returns

Size:

Small ▾

Color: Grey



- 100% Cotton
- Zipper closure
- diagonal zipper on the backside = simplifies the care and nursing
- comfort width which is helpful for the incontinence aids and diaper

\$24.95

✓prime & FREE Returns ▾

FREE delivery: **Friday, Aug 6**

Order within 3 hrs and 31 min

[Details](#)

📍 Deliver to Susan - Fort Collins 80526

Only 3 left in stock - order soon.

Qty: 1 ▾

Add to Cart

Buy Now

🔒 Secure transaction

Ships from Amazon

Sold by **NORMANN**

Return policy: [This item is returnable](#) ▾

Add a gift receipt for easy returns

Add to List

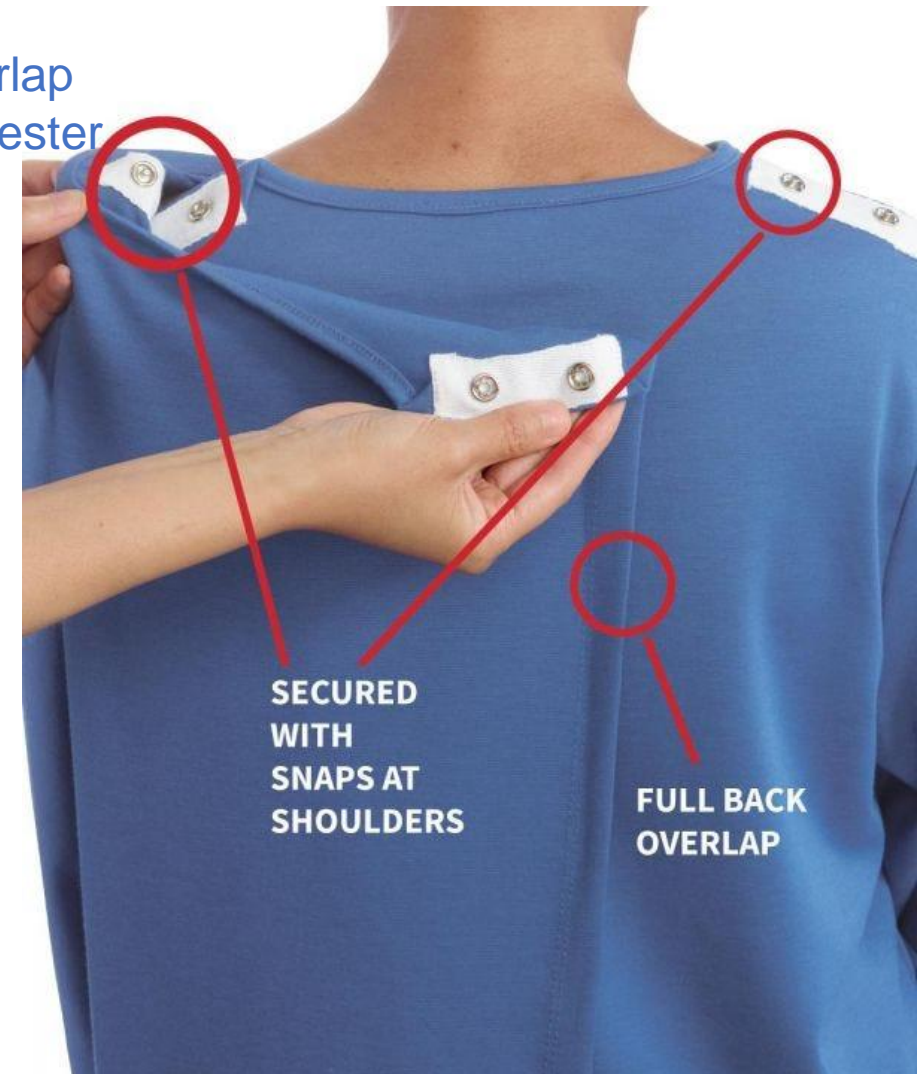


Robes

Product Features of Silvert's Adaptive Open Back Nightgowns :

- **Easy Access Dressing** - Terrific for Lowered Upper Arm Mobility
- **Easy Closure** - Secured with Snaps at Shoulders
- **No Pressure Points** - Strategically Placed Shoulder Snaps Eliminate Pressure Points
- **Complete Dignity** - Full Back Overlap
- **Quality Machine Washable** - Polyester

No obvious choices for men's robes



SECURED WITH SNAPS AT SHOULDERS

FULL BACK OVERLAP

Michelle

Slippers

Silvert's

- Available online for \$\$32-\$40 at Silverts (online) <https://www.silverts.com/>
- Several colors and styles offered
- Antimicrobial options

Men's Extra Wide Slip Resistant Slippers



Extra Wide Easy Closure Women's Jewel Slipper



Gail From Lynne Gerber – Marty’s slippers, adjustable from top and back, no-slip soles



Grey slippers have no name! I found them on Amazon, under “slippers for edema or diabetic patients”

Sleep Like a Baby

This good night's sleep brought to you by: Barbara, Jim, Susan, Michelle, Lynne, Carl and Gail



Good Night, Moon